HDE 012 – Human Sexuality  
Summer Session I 2019

Class Times: MW 11:00am-1:30pm  
Location: Wellman 126

Instructor: Nicole Polen-Petit, Ph.D  
Office: 1320 Hart Hall  
E-mail: cnic@ucdavis.edu  
Office Hrs: Mondays 9:30am-10:30am or by appt. (online via Zoom)

Required Texts/Materials:
2) Learnsmart access – included with text above

* NOTE: Text and access code are provided through a material fees that is automatic for this course. This will be explained on the first day of class.

Required to use regularly:
1) McGraw-Hill Course Connect  
2) course website: canvas.ucdavis.edu  
3) ucdavis e-mail account – class emails are directed to this account only

COURSE GOALS:
- Sexual Literacy: To encourage and enable students to develop a greater awareness and understanding of their own and the diversity of others’ sexuality.
- To develop sexual literacy surrounding issues involving sexuality as well as terminology and understanding sexual health, physiology, functioning and behaviors.
- To enable students to become aware of and be more able to evaluate the developmental processes and networks of social relations and influences through which they have established their own sexual attitudes, values and behaviors.
- To enable students to communicate more knowledgeable and effectively in intimate relationships.
- To develop critical thinking by exploring personal sexual related experiences with information presented/learned from class materials.
- To provide a basis for decision making within the context of sexuality and sexual behaviors to safeguard personal health and safety.
- To learn practical skills that protect health, safety and foster better relationships with intimate partners.

COURSE OBJECTIVES AND EXPECTATIONS
Welcome to Human Sexuality! This course is designed to be an undergraduate level overview of human sexuality. Using a biopsychosocial perspective, we will consider human sexual behavior as an interaction of physiological, psychological and sociocultural processes and influences.

We will use a research oriented approach to the study of human sexual behavior. Within this framework, opinions will be de-emphasized so that scientific data and facts can be presented and
critically evaluated. This course will not cover the “how to’s” so much as it will emphasize “how come?”, “what function?”, and “why?”.

This class is about being human, and therefore, is both inherently interesting and often quite humorous! At the same time, we will also address some very sensitive and sometimes difficult topics. I anticipate that each of you will have your system of personal beliefs and assumptions challenged at some point during the quarter. In fact, it is my hope that the diversity of experiences and opinions present in this class will broaden all of our perspectives. This kind of learning environment presumes and requires mutual respect for all participants. Respect for self and others include preparation, participation, attendance, adherence to the academic honor code and respect for the opinions of others. Mutual respect creates an environment in which it is safe to learn. Feel free to contact me at any time with any questions or concerns.

**EVALUATION:**

**Grading:** There are 350 points for this course. Your grade will be based on your performance on the following:

- **Exam 1:** July 15, 2019  100 points
- **Exam 2:** July 31, 2019  100 points
- **Paper:** Due: July 17, 2019  100 points
- **Learn Smart Modules:** Due Ongoing  50 points

**TOTAL POINTS:** 350

**Grading Scale:**

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Grade</th>
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<tbody>
<tr>
<td>93-100%</td>
<td>A</td>
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<tr>
<td>90-92.99%</td>
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<td>87-89.99%</td>
<td>B+</td>
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<tr>
<td>83-86.99%</td>
<td>B</td>
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<tr>
<td>below 60%</td>
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**Exams:** Each exam will be worth 100 points and will cover material from the previous lectures and reading. These exams are not cumulative and there will be no make up exams unless there is a documented medical emergency. If you will not be here for an exam, notice must be given prior to the exam. **Failure to notify the professor in advance of an exam will result in forfeiting the potential opportunity to make up the exam.**

**YOU MUST BE ON TIME TO EXAMS!** If you are more than 10 minutes late to any exam, your exam score will be docked a full letter grade (equivalent to 10% or 10pts).

**Paper (Sexual Literacy Journey):** This paper is worth 100pts and ¼ of your total grade

- **Paper Due Date:** July 17, 2019 (hard copy form only turned in at the beginning of class). There will be absolutely NO extensions or acceptance of late papers... NO EXCEPTIONS!!
- **Worth 100 pts.** Specific information on the written assignment will be given in a separate handout and will be discussed by the second week at the latest.
• **DUE at the beginning of class before lecture starts** on assigned due date (see course schedule). If lecture has already started and the paper has not been turned in, it will be considered late and will be deducted points. Once class is over, any papers that have not been turned in will NOT be accepted!!

• **DO NOT E-MAIL THE PAPER.**

• No extensions for the paper will be given for ANY reason.

• Paper must have proper English grammar and correct spelling. **Do not use short hand or text messaging** style in papers, you will lose points if this is present.

**KEEP A HARD COPY of paper**

**Learn Smart Modules:** There are 10 modules assigned in conjunction with assigned readings. The due dates are posted on the syllabus. **Each module is due by 10am on the due date.** How long they take you to complete is dependent on how well you have prepared for them in advance (meaning, how closely you read the assigned chapter). **There will be no extensions or acceptance of late work for these modules for any reason.** However, the modules are wonderful learning tools and you may access them at any time during the course to aid you in your study and preparation.

**COURSE POLICIES**

**Behavioral Expectations**

• There are NO stupid or insignificant questions. We are all here to learn and that is accomplished by being able to comfortably ask questions.

• Respect, Respect, Respect… Please respect your fellow students and the fact that many of the topics we will be discussing are very personal and sometimes uncomfortable.

**University of California Sexual Harassment Policy**

1. The University of California is committed to creating and maintaining a community where all persons who participate in University programs and activities can work and learn together in an atmosphere free of all forms of harassment, exploitation, or intimidation.

2. Every member of the University community should be aware that the University is strongly opposed to sexual harassment, and that such behavior is prohibited both by law and by University policy.

• If you are unable to attend class, you are still responsible for all announcements made in class… find a friend… Do not e-mail me or your teaching staff to ask “what did I miss?” We will not respond.

• Laptop use in class must be for **taking notes only** – no game playing, FaceBooking, Tweeting, or other surfing the web during lectures. This is a distraction for classmates sitting near you.

• Readings should be done prior to class for optimal understanding and participation.

**Recording of Lectures**

• **Podcasts of this class will not be done.**

• If you want to record lectures, you **need the permission of the instructor first.** All lectures are the intellectual property of the instructor and any guest speakers.

• Due to the sensitive topics of the class and being intellectual property of the instructor or guest speakers, any recordings done **with the instructor’s permission** may not be shared, sold, put on the internet, or otherwise distributed in any form. Any unauthorized recording and distribution of lectures will be referred to Student Judicial Affairs.
**Academic Integrity - submit honest and original content / work on all assignments**

- No cheating on exams.
- No cheating on or plagiarizing of assignments.
  - Issues regarding plagiarism and how to avoid this will be provided. This is very important in developing good writing skills, so make every effort to understand this issue.
- Do not use clickers to aid academic dishonesty.
  - Do not give your clicker to someone else to tabulate participation points if you are absent.
  - Do not use someone else’s clicker to garnish participation points for them while allowing them to be absent.
- **Review SJA Policies provided by Student Judicial Affairs (sja.ucdavis.edu)**
  - It is your responsibility to know and follow all course policies of the university. If it is discovered that academic dishonesty has occurred (see above bullet points in this section), immediate referral to Campus Student Judicial Affairs will be made for appropriate disciplinary action.

**Students with Special Accommodations**

- If you are a student that needs extra learning accommodations that have been verified by the campus disability center, please let the instructor know **within the first week of the course** what special accommodations are needed to ensure the most optimal learning experience for you. Confidentiality and cooperation is assured.

**E-Mailing Instructor and Teaching Staff**

- This is an excellent way of contacting me. However, do not expect to receive a response immediately. You can expect a response within 48 hours of receipt of the e-mail.
- You must use your UCD e-mail address when sending e-mails. This allows for easier identification of students in the class and for follow-up correspondence.
- Use proper e-mail etiquette and good communications skills. Be polite, clear, and precise and use proper English grammar. **Do not use short hand or text messaging style.**

**Regularly check Canvas and UCD e-mail account**

- Canvas will provide access to the class course website if you are enrolled or waitlisted in the class. You must access this website on a regular basis for announcements to be posted there, to access class materials and to review grades.
- A class e-mail list will be created from the class roster and the assigned UC Davis e-mail address. You need to check your UC Davis e-mail account (unless you set it up to forward to another e-mail address) for mail from the instructor and/or TA’s that will be used to communicate course related announcements, changes and updates. We will not be looking up or responding to non-UC Davis e-mail addresses for individual correspondence (if needed) and the class e-mail list will not be modified to change to non-UCD e-mail addresses.
- To reach the instructor or TAs more quickly, please **put HDE-12 in the subject line** followed by topic or question.
**COURSE SCHEDULE**

NOTE: This course schedule may change if needed. Some topics are longer or shorter than others. The longer ones may run over into the following lectures, so be sure to stay up on the reading to be prepared for lectures and to do reasonably well on the Learn Smart Modules. Some chapters will require you to be more self-directed in your learning, particularly during times where a guest lecturer is present or other activities such as films are shown during class time.

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<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Topic</th>
<th>Assigned Chapter(s)</th>
<th>Assignment Due by 10am</th>
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<tr>
<td>1</td>
<td>June 24 (M)</td>
<td>Course Information, Connect Access</td>
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<tr>
<td></td>
<td>June 26 (W)</td>
<td>Introduction to Course Material</td>
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<td>Contexts of Sexuality</td>
<td>1/2</td>
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<td>2</td>
<td>July 1 (M)</td>
<td>Sexuality, Media and Internet</td>
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<td>July 3 (W)</td>
<td>Sexual Anatomy and Physiology</td>
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<td>July 8 (M)</td>
<td>Sexual Arousal, Response and Pleasure</td>
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<td>Taking Care of the Sexual Body: Making Choices</td>
<td>6/7</td>
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<td>July 15 (M)</td>
<td>EXAM #1</td>
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<td>July 17 (W)</td>
<td>Film</td>
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<td><strong>PAPER DUE @Beginning of Class</strong></td>
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<td>July 22 (M)</td>
<td>Reproduction, Pregnancy &amp; Childbirth</td>
<td>8</td>
<td>Learn Smart Module</td>
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<td></td>
<td>July 24 (W)</td>
<td>Sexual Identities: Gender &amp; Sexual Orientations</td>
<td>9/10</td>
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<td>6</td>
<td>July 29 (M)</td>
<td>Relational Issues: The Good, Bad and Coercive</td>
<td>13/14</td>
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<td>July 31 (W)</td>
<td>EXAM #2</td>
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