

HDE 012 – Human Sexuality

Spring 2018

Class Times: TR: 6:10-7:30pm
Location: SCI LEC 123

Instructor: Nicole Polen-Petit, Ph.D
Office: 1320 Hart Hall
E-mail: cnic@ucdavis.edu
Office Hrs: Thursdays 4:30-5:30 or online
by request

TA: Brian Riley
Office: 2420 Hart Hall
E-mail: bkriley@ucdavis.edu
Office Hrs.: Tues/Thurs 7:45pm-8:45pm

TA: Elisa Ugarte
Office: 2420 Hart Hall
E-mail: eugarte@ucdavis.edu
Office Hrs: Tuesday 5:00pm-6:00pm

TA : Jason Tang
Office: 2420 Hart Hall
E-mail: jattang@ucdavis.edu
Office Hrs: TBD

Reader: Alirameen Akram
E-mail: aakram@ucdavis.edu

Required Texts/Materials:

- 1) Herdt, G., & Polen-Petit, N. (2014). *Human Sexuality: Self, Society and Culture*. New York, NY: McGraw-Hill Higher Education.
- 2) Access code for Learn Smart/Connect is also **required**
- 3) REEF/Iclicker

* NOTE: Text and access code are provided through a material fees that is automatic for this course. This will be explained on the first day of class.

Required to use regularly:

- 1) McGraw-Hill Course Connect
- 2) course website: canvas.ucdavis.edu
- 3) ucdavis e-mail account – class emails are directed to this account only
- 4) After week 1, REEF/Iclicker will be used in class every day for attendance and participation. Computer/tablet/phone or Iclicker 2 remote will be necessary to log in.

COURSE GOALS:

- Sexual Literacy: To encourage and enable students to develop a greater awareness and understanding of their own and the diversity of others' sexuality.
- To develop sexual literacy surrounding issues involving sexuality as well as terminology and understanding sexual health, physiology, functioning and behaviors.
- To enable students to become aware of and be more able to evaluate the developmental processes and networks of social relations and influences through which they have established their own sexual attitudes, values and behaviors.
- To enable students to communicate more knowledgeably and effectively in intimate relationships.

- To develop critical thinking by exploring personal sexual related experiences with information presented/learned from class materials.
- To provide a basis for decision making within the context of sexuality and sexual behaviors to safeguard personal health and safety.
- To learn practical skills that protect health, safety and foster better relationships with intimate partners.

COURSE OBJECTIVES AND EXPECTATIONS

Welcome to Human Sexuality! This course is designed to be an undergraduate level overview of human sexuality. Using a biopsychosocial perspective, we will consider human sexual behavior as an interaction of physiological, psychological and sociocultural processes and influences.

We will use a research oriented approach to the study of human sexual behavior. Within this framework, opinions will be de-emphasized so that scientific data and facts can be presented and critically evaluated. This course will not cover the “how to’s” so much as it will emphasize “how come?”, “what function?”, and “why?”.

This class is about being human, and therefore, is both inherently interesting and often quite humorous! At the same time, we will also address some very sensitive and sometimes difficult topics. I anticipate that each of you will have your system of personal beliefs and assumptions challenged at some point during the quarter. In fact, it is my hope that the diversity of experiences and opinions present in this class will broaden all our perspectives. This kind of learning environment presumes and requires mutual respect for all participants. Respect for self and others include preparation, participation, attendance, adherence to the academic honor code and respect for the opinions of others. Mutual respect creates an environment in which it is safe to learn. Feel free to contact me at any time with any questions or concerns.

EVALUATION:

Grading: There are **400 points** for this course. Your grade will be based on your performance on the following:

| | | |
|-----------------------------|--------------------------------|------------|
| Midterm 1: | May 1, 2018 | 100 points |
| Midterm 2: | June 5, 2018 | 100 points |
| Final Exam: | June 8, 2018 8:30pm (OPTIONAL) | 100 points |
| Paper: | May 15, 2018 | 100 points |
| Learn Smart Modules: | Due Ongoing | 50 points |
| REEF/Iclicker Participation | | 50 points |

TOTAL POINTS: 400

| Grading Scale: | Percentage | Grade |
|-----------------------|-------------------|--------------|
| | 93-100% | A |
| | 90-92.99% | A- |
| | 87-89.99% | B+ |
| | 83-86.99% | B |
| | 80-82.99% | B- |
| | 77-79.99% | C+ |

| | |
|-----------|----|
| 73-76.99% | C |
| 70-72.99% | C- |
| 67-69.99% | D+ |
| 63-66.99% | D |
| 60-62.99% | D- |
| below 60% | F |

Exams: Each exam will be worth 100 points and will cover material from the previous lectures and reading. These exams are not cumulative and there will be **no** make-up exams. The Final Exam is cumulative but is optional!!

YOU MUST BE ON TIME TO EXAMS! If you are more than 10 minutes late to any exam, you will not be permitted to take the test.

During the quarter, however, it may be necessary for you to miss an exam due to illness, team events or a personal emergency. In addition, there are times when for one reason or another, you may not have done as well as you had hoped on an exam. In these cases, you may elect to take a third exam on the scheduled final date. This exam may be taken by anyone who missed a midterm or anyone who wants to try to improve a midterm score. **This final exam will be held during the regularly scheduled course final time and will be CUMULATIVE.** If you elect to take all 3 exams, your grade will be based on your 2 highest exam scores.

Paper (Sexual Literacy Journey): This paper is worth 100pts and ¼ of your total grade

Paper Due Date: May 15, 2018 (hard copy form only turned in at the beginning of class). There will be absolutely NO extensions or acceptance of late papers... NO EXCEPTIONS!!

- Worth 100 pts. Specific information on the written assignment will be given in a separate handout and will be discussed by the second week at the latest.
- **DUE at the beginning of class before lecture starts** on assigned due date (see course schedule). If lecture has already started and the paper has not been turned in, it will be considered late and will be deducted points. Once class is over, any papers that have not been turned in will NOT be accepted!!!
- **DO NOT E-MAIL THE PAPER.**
- No extensions for the paper will be given for ANY reason.
- Paper must have proper English grammar and correct spelling. **Do not use short hand or text messaging** style in papers, you will lose points if this is present.
- **KEEP A HARD COPY of paper**

Learn Smart Modules: There are 10 modules assigned in conjunction with assigned readings. The due dates are posted on the syllabus. Each module is due by Noon on the due date. How long they take you to complete is dependent on how well you have prepared for them in advance (meaning, how closely you read the assigned chapter). There will be no extensions or acceptance of late work for these modules. However, the modules are wonderful learning tools and you may access them at any time during the course to aid you in your study and preparation.

Class Participation (REEF/Iclicker) (*electronic devices that record class participation by transmitting responses and student ID*)

- **In-class exercises/quizzes** will be given randomly to encourage keeping up with material and reading. This will be assessed by the use of the REEF software and clickers.

- You are expected to bring a phone (with text capability, tablet or computer), or Iclicker 2 remote to *all* class meetings, with the exception of exam days.
- **If you forget your device**, you can have a one-time “I forgot my device” pass where you will submit *in writing* at the end of lecture, the questions that were asked (don’t need to record your responses). Be sure to put your name, date, and SID on your paper when turning in at the END of lecture. This one-time pass will be accepted only at the end of lecture.
- **If you have technical problems with REEF or your devices**, be sure to follow up with the instructor at the end of lecture.
- In-class participation/clicker exercises comprise approximately **12% of course grade** (50 points). This is an easy course requirement to fulfill, however, poor participation *will negatively* affect overall course grade.
- **Policy:** The REEF website/software will record participation via transmission of student ID and related answers to various assessments throughout the course. Individual student responses will be converted into participation points at the end of the course. You can monitor your points through Canvas as it is periodically updated. At the end of the course, the REEF points will be converted to points out of 50 and placed in the gradebook on Canvas. The individual information/actual responses recorded are for *academic use only* and will not be accessible by anyone except the instructor. *Confidentiality is assured.*

GRADE POLICIES

All grades earned on tests and assignments for this course are **non-negotiable**. To make sure you get the best possible grade on course assignments and/or exams, it is *your responsibility* to make sure you understand what is expected **BEFORE** the assignments are due and before taking the exams.

Exception to non-negotiable grades: Errors in grading and / or score calculations (yes, we goof occasionally!). All requests for grade changes *must be made in writing* and include reasons for why any grade change is warranted. *You have 1 week from time of grade release to have possible grading errors re-evaluated.*

You are responsible for picking up all class materials and checking to make sure your grade is entered correctly on Canvas. Once grades are posted for any given exam or paper, you have one week from the time we release grades to inform us of any mistake. Grade alterations will not be made after this point.

COURSE POLICIES

Behavioral Expectations

- There are NO stupid or insignificant questions. We are all here to learn and that is accomplished by being able to comfortably ask questions.
- Respect, Respect, Respect... Please respect your fellow students and the fact that many of the topics we will be discussing are very personal and sometimes uncomfortable.

University of California Sexual Harassment Policy

1. The University of California is committed to creating and maintaining a community where all persons who participate in University programs and activities can work and learn together in an atmosphere free of all forms of harassment, exploitation, or intimidation.

2. Every member of the University community should be aware that the University is strongly opposed to sexual harassment, and that such behavior is prohibited both by law and by University policy.
- If you are unable to attend class, you are still responsible for all announcements made in class... find a friend... Do not e-mail me or your TA's to ask "what did I miss?" We will not respond.
 - Laptop use in class must be for **taking notes**— no game playing, Facebooking, Tweeting, or other surfing the web during lectures. This is a distraction for classmates sitting near you.
 - Readings should be done prior to class for optimal understanding and participation.

Recording of Lectures

- **Podcasts of this class will not be done.**
- If you want to record lectures, you **need the permission of the instructor first**. All lectures are the intellectual property of the instructor and any guest speakers.
- Due to the sensitive topics of the class and being intellectual property of the instructor or guest speakers, any recordings done **with the instructor's permission** may not be shared, sold, put on the internet, or otherwise distributed in any form. *Any unauthorized recording (audio/video/photos) and distribution of lectures in any form or on any platform will be referred to Student Judicial Affairs.*

Academic Integrity - *submit honest and original content / work on all assignments*

- No cheating on exams.
- No cheating on or plagiarizing of assignments.
 - Issues regarding plagiarism and how to avoid this will be provided. This is very important in developing good writing skills, so make every effort to understand this issue.
- Do not use phones to aid academic dishonesty.
 - Do not give your phone/tablet/clicker to someone else to tabulate participation points if you are absent.
 - Do not use someone else's phone/tablet/clicker to garnish participation points for them while allowing them to be absent.
- **Review SJA Policies provided by Student Judicial Affairs (sja.ucdavis.edu)**
- It is your responsibility to know and follow all course policies of the university. If it is discovered that academic dishonesty has occurred (see above bullet points in this section), immediate referral to Campus Student Judicial Affairs will be made for appropriate disciplinary action.

Students with Special Accommodations

- If you are a student that need extra learning accommodations that have been verified by the campus disability center, please let the instructor know **within the first two weeks of the course** what special accommodations are needed to ensure the most optimal learning experience for you. Confidentiality and cooperation is assured.

E-Mailing Instructor and TA's

- This is an excellent way of contacting us. However, do not expect to receive a response immediately. You can expect a response within 48 hours of receipt of the e-mail.
- You must use your UCD e-mail address when sending us e-mails. This allows for easier identification of students in the class and for follow-up correspondence.
- Use proper e-mail etiquette and good communications skills. Be polite, clear, precise and use proper English grammar. **Do not use short hand or text messaging style.**

Regularly check Canvas and UCD e-mail account

- Canvas will provide access to the class course website if you are enrolled or waitlisted in the class. You must access this website on a regular basis for announcements to be posted there, to access class materials and to review grades.
- A class e-mail list will be created from the class roster and the assigned UC Davis e-mail address. You need to check your UC Davis e-mail account (unless you set it up to forward to another e-mail address) for mail from the instructor and/or TA's that will be used to communicate course related announcements, changes and updates. We will not be looking up or responding to non-UC Davis e-mail addresses for individual correspondence (if needed) and the class e-mail list will not be modified to change to non-UCD e-mail addresses.
- To reach the instructor or TAs more quickly, please **put HDE-12 in the subject line** followed by topic or question.

EXTRA CREDIT

- Any extra credit assignment given is at the sole discretion of the instructor.

COURSE SCHEDULE

NOTE: This course schedule **may change** if needed. Some topics are longer or shorter than others. The longer ones may run over into the following lectures, so be sure to stay up on the reading to be prepared for lectures and to do reasonably well on the Learn Smart Modules.

| Week | Date | Topic | Assigned Chapter(s) | Assignment Due by 12pm |
|-------------------|---------------|---|---------------------|------------------------|
| 1 | April 3 (T) | Introduction: Course Information, Connect Access, & Iclicker/REEF Set-up | | |
| | April 5 (R) | The Study of Human Sexuality & Contexts of Sexuality | 1-3 | |
| 2 | Apr 10 (T) | Sexual Anatomy and Physiology | 4 | Learn Smart Module |
| | Apr 12 (R) | NO CLASS | | |
| 3 | Apr 17 (T) | Sexual Anatomy and Physiology (Part 2) | 4 | |
| | Apr 19 (R) | Sexual Pleasure, Arousal, & Response | 5 | Learn Smart Module |
| 4 | Apr 24(T) | Taking Care of the Sexual Body | 6 | Learn Smart Module |
| | Apr 26 (R) | Contraception | 7 | Learn Smart Module |
| 5 | May 1 (T) | Exam #1 | | |
| | May 3 (R) | Reproduction: Conception, Pregnancy, & Childbirth | 8 | Learn Smart Module |
| 6 | May 8(T) | Reproduction: Conception, Pregnancy, & Childbirth (Part 2) | | |
| | May 10 (R) | Gender & Identity: Process, Roles and Culture | 9 | Learn Smart Module |
| 7 | May 15 (T) | Gender & Identity: Process, Roles and Culture (Part 2) <i>PAPER DUE @ Beginning of Class</i> | 9 | |
| | May 17 (R) | Sexual Orientation | 10 | Learn Smart Module |
| 8 | May 22 (T) | Attraction, Love & Communication | 13 | Learn Smart Module |
| | May 24 (R) | Sexual Coercion & Resiliency | 14 | Learn Smart Module |
| 9 | May 29 (T) | Sexual Coercion & Resiliency (Part 2) | | |
| | May 31 (R) | Extreme Sexuality & Paraphilias | 15 | Learn Smart Module |
| 10 | June 5 (T) | EXAM #2 | | |
| | June 7 (R) | Open Review for Final and Paper Pick-Up | | |
| Final Exam | Friday June 8 | FINAL EXAM: 8:30-10:30pm (OPTIONAL & CUMULATIVE) | | |
| | | | | |