Restricted Electives List for HDE Major Children & Families Across the Lifespan Track

African American Studies (AAS)

107B: African Descent Communities & Culture in North America (4)

133: The Black Family in America (4) 141: Psychology of the African-American Experience (4)

172: Diaspora & New Black Identities (4)

American Studies (AMS)

152: The Lives of Children in America (4)

Anthropology (ANT)

101: Ecology, Nature & Society (4)
105: Evolution of Societies & Cultures (4)
128A: Kinship & Social Organization (4)
128B: Self, Identity, & Family (4)
139AN: Race, Class, Gender Systems (4)
139BN: Gender & Sexuality (4)
158: The Evolution of Females & Males: Biological Perspective (4)

Chicana/Chicano Studies (CHI)

- 120: Chicanx Psychology (4)
- 122: Psychology Perspectives Chicanx & Latinx Family (4) 123: Psychological perspectives on Chicanx & Latinx
- Children & Adolescents (4) 141: Community-Based Participatory Research & Chicanx &
- Latinx Health (4)
- 182: Race & Juvenile Justice (4)

Communication (CMN)

- 120: Interpersonal Communication (4)
- 124: Family Communication (4)
- 147: Children, Adolescents, & the Media (4)

Community & Regional Development (CRD)

- 147: Community Youth Development (4) 172: Social Inequality: Issues & Innovations (4)
- 176: Comparative Ethnicity (4)
- 170. Comparative Ethnicity

Education (EDU)

- 115: Educating Children with Disabilities (2)
- 122: Children Learning & Material Culture (4)
- 150: Cultural Diversity & Education (4)

Exercise Science (EXB)

- 106: Human Gross Anatomy (4)
- 117: Exercise & Aging in Health & Disease (3)

Linguistics (LIN)

163: Language, Gender, & Society (4)

Molecular & Cellular Biology (MCB)

150: Developmental Biology (4)

Neurobiology, Physiology, & Behavior (NPB)

 132: Nature vs. Nurture: Physiological Interactions Among Genes, Nutrients, & Health (3)
 152: Hormones & Behavior (3)

161: Developmental Neurobiology (3)

Nutrition (NUT)

105: Nutrition & Aging (3)

114: Developmental Nutrition (4)

IMPORTANT NOTE:

118: Community Nutrition (4)

Philosophy (PHI)

109: Philosophy of the Social Sciences (4)

Psychology (PSC)

- 113: Developmental Psychology (4)
- 125: Behavioral Epigenetics (4)
- 143: Infant Development (4)
- 145: Developmental Cognitive Neuroscience (4) 146: The Development of Memory (4)
- 146: The Development of Memory 148: Developmental Disorders (4)
- 150/150V: Relationship Science (4)
- 151: Social Psychology (4)
- 152: Social Cognition (4)
- 153: Psychology & Law (4)
- 154: Psychology of Emotion (4)
- 157: Stereotyping, Prejudice, & Stigma (4)
- 158: Sexual Orientation & Prejudice (4)
- 159: Gender & Human Reproduction (4)
- 161: Psychology of the Self (4)
- 162: Introduction to Personality Psychology (4)
- 165: Clinical Psychology (4)
- 168: Abnormal Psychology (4)
- 170: Psychology of Religion (4)

Sociology (SOC)

- 122: Sociology of Adolescence (4)
- 123: American Society (4)
- 124: Education & Inequality in the U.S. (4)
- 125: Sociology of Culture (4)
- 126: Social Interaction (4)
- 128: Interracial Interpersonal Dynamics (4)
- 129: Sociology of Black Experience in America (4)
- 131: The Family (4)
- 132: The Sociology of Gender (4)
- 134: Sociology of Racial Ethnic Families (4)
- 135: Social Relationships (4)
- 152: Juvenile Delinquency (4)
- 153: The Sociology of Childhood (4)
- 159: Work, Employment, & Careers in the 21st Century (4)
- 162: Society, Culture, & Health (4)
- 163: Social Determinants & Disparities in Health (4)
- 164: Health Policy & Politics (4)
- 171: Sociology of Violence & Inequality (4)

Public Health Sciences (SPH)

- 101: Perspectives in Community Health (3)
- 113: Health Disparities in the U.S. (3)

Human Development (HDE)*

- 101: Cognitive Development (4)
- 102: Social & Personality Development (4)
- 117: Longevity (4)
- 130: Developmental Psychopathology (4)
- 160: Social Aspects of Aging (4)
- 161: Technology Use, Health, and Aging (4)
- 163: Cognitive Neuropsych in Adulthood & Aging (4)
- 192: Internship (1-5)
- 198: Directed Group Study (4)
- 199: Special Study (1-5)

Make sure to check the course prerequisites & registration restrictions. Some departments set certain or all of their courses with priority registration for declared majors only, so you may not be able to register until Pass 2.

*Any additional upper division HDE track courses can count as RE if the units are not already applied to fulfill the 3 courses for area of specialization. Revised 1/12/24