**Restricted Electives for Depth Subject Matter**  
**Letter Grading Only**

**Human Development**
- 101: Cognitive Development (4)
- 102: Social & Personality Development (4)
- 110: Contemporary American Families (4)
- 111: Family Stress & Resilience (4)
- 112: Social Relationships Across the Lifespan (4)
- 117: Longevity (4)
- 121: Psychological Assessment (4)
- 130: Developmental Psychopathology (4)
- 131: Thriving Across the Lifespan (4)
- 132: Individual Differences in Cognition (4)
- 133: Stress, Adversity & Resilience (4)
- 135: Health Behaviors across the Lifespan (4)
- 137: Contextual Determinants of Health (4)
- 160: Social Aspects of Aging (4)
- 161: Technology Use, Health, and Aging (4)
- 163: Cognitive Neuropsych in Adulthood & Aging (4)
- 180: Special Topics in HDE (4)
- 192: Internship (1-5)
- 198: Directed Group Study (4)
- 199: Special Study (1-5)

**Exercise Science (EXB)**
- 102: Intro. To Motor Learning & Psych. of Sports & Exercise (4)
- 106: Human Gross Anatomy
- 113: Growth & Devel. In Human Performance (3)
- 117: Exercise & Aging in Health & Disease (3)
- 125: Neuromuscular & Behavioral Aspects Motor Control (3)

**Linguistics (LIN)**
- 163: Language, Gender, and Society (4)
- 173: Language Development (4)
- 175: Biological Basis of Language (4)

**Molecular and Cellular Biology (MCB)**
- 150: Developmental Biology (4)
- 162: Human Genetics & Genomics (3)
- 163: Developmental Genetics (4)

**Neurobiology, Physiology, and Behavior (NPB)**
- 102: Animal Behavior (3)
- 125: Comp. Physiology: Neurointegrative Mechanisms (3)
- 132: Nature vs. Nurture: Physiological Interactions Among Genes, Nutrients, & Health (3)
- 152: Hormones & Behavior (3)
- 161: Developmental Neurobiology (3)

**Nutrition (NUT)**
- 111AY: Intro to Nutrition and Metabolism (3)
- 111B: Recommendations and Standards for Human Nutrition (2)
- 114: Developmental Nutrition (4)
- 118: Community Nutrition (4)

**Philosophy (PHI)**
- 108: Philosophy of the Biological Sciences (4)
- 109: Philosophy of the Social Sciences (4)

**Psychology (PSC)**
- 121: Physiological Psychology (4)
- 123: Hormones and Behavior (3)
- 126: Health Psychology (4)
- 130: Human Learning & Memory (4)
- 131: Perception (4)
- 132: Language & Cognition (4)
- 159: Gender & Human Reproduction (4)
- 162: Personality Theory (4)
- 168 Abnormal Psychology (4)

**Sociology (SOC)**
- 122: Sociology of Adolescence (4)
- 127: Sociology of Death (4)
- 131: The Family (4)
- 132: The Sociology of Gender (4)
- 135: Social Relationships (4)
- 152: Juvenile Delinquency (4)
- 154: Sociology of Healthcare (4)

**Public Health Sciences (SPH)**
- 101: Perspectives in Community Health (3)
- 102: Introduction to Human Epidemiology (4)

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**Please be aware that the Restricted Elective requirement is 19-20 units. If you are using a 2 unit course as a Restricted Elective, you may need to take additional Restricted Electives to ensure that you complete the required 19-20 units.**

Revised 4/21/21