

Restricted Electives for Depth Subject Matter

****Letter Grading Only****

Human Development

- 101: Cognitive Development (4)
- 102: Social & Personality Development (4)
- 110: Contemporary American Families (4)
- 111: Family Stress & Resilience (4)
- 112: Social Relationships Across the Lifespan (4)
- 117: Longevity (4)
- 121: Psychological Assessment (4)
- 130: Developmental Psychopathology (4)
- 131: Thriving Across the Lifespan (4)
- 132: Individual Differences in Cognition (4)
- 133: Stress, Adversity & Resilience (4)
- 135: Health Behaviors across the Lifespan (4)
- 137: Contextual Determinants of Health (4)
- 160: Social Aspects of Aging (4)
- 161: Technology Use, Health, and Aging (4)
- 163: Cognitive Neuropsych in Adulthood & Aging (4)
- 180: Special Topics in HDE (4)
- 192: Internship (1-5)
- 198: Directed Group Study (4)
- 199: Special Study (1-5)

African American Studies (AAS)

- 100: Survey of Ethnicity in the U.S. (4)
- 133: The Black Family in America (4)

American Studies (AMS)

- 120: American Folklore and Folklife (4)
- 152: The Lives of Children in America (4)

Anthropology (ANT)

- 101: Ecology, Nature & Society (4)
- 139BN: Gender & Sexuality (4)
- 152: Human Evolution (5)
- 153: Human Biological Variation (5)
- 158: The Evolution of Females & Males: Bio Perspective (4)

Cell Biology and Human Anatomy (CHA)

- 101: Human Gross Anatomy (4)

Chicana/Chicano Studies (CHI)

- 120: Chicana/o Psychology (4)
- 121: Chicana/o Community Mental Health (4)

Communication (CMN)

- 114: Communication and Cognition (4)
- 120: Interpersonal Communication (4)
- 122: Nonverbal Communication (4)
- 161: Health Communication (4)

Community and Regional Development (CRD)

- 151: Community Field Research (5)
- 172: Social Inequality: Issues and Innovations (4)
- 176: Comparative Ethnicity (4)

Education (EDU)

- 110: Educational Psychology: General (4)
- 115: Educating Children with Disabilities (2)
- 120: Philosophical & Social Foundations of Education (4)
- 150: Cultural Diversity and Education (4)
- 151: Language Development in the Chicano Child (3)
- 173: Language Development (4)

Exercise Science (EXB)

- 102: Intro. To Motor Learning & Psych. of Sports & Exercise (4)
- 106: Human Gross Anatomy
- 113: Growth & Devel. In Human Performance (3)
- 117: Exercise & Aging in Health & Disease (3)
- 125: Neuromuscular & Behavioral Aspects Motor Control (3)

Linguistics (LIN)

- 163: Language, Gender, and Society (4)
- 173: Language Development (4)
- 175: Biological Basis of Language (4)

Molecular and Cellular Biology (MCB)

- 150: Developmental Biology (4)
- 162: Human Genetics & Genomics (3)
- 163: Developmental Genetics (4)

Neurobiology, Physiology, and Behavior (NPB)

- 102: Animal Behavior (3)
- 125: Comp. Physiology: Neurointegrative Mechanisms (3)
- 132: Nature vs. Nurture: Physiological Interactions Among Genes, Nutrients, & Health (3)
- 152: Hormones & Behavior (3)
- 161: Developmental Neurobiology (3)

Nutrition (NUT)

- 111AY: Intro to Nutrition and Metabolism (3)
- 111B: Recommendations and Standards for Human Nutrition (2)
- 114: Developmental Nutrition (4)
- 118: Community Nutrition (4)

Philosophy (PHI)

- 108: Philosophy of the Biological Sciences (4)
- 109: Philosophy of the Social Sciences (4)

Psychology (PSC)

- 121: Physiological Psychology (4)
- 123: Hormones and Behavior (3)
- 126: Health Psychology (4)
- 130: Human Learning & Memory (4)
- 131: Perception (4)
- 132: Language & Cognition (4)
- 135: Cog. Neuroscience: Bio. Foundations of the Mind (4)
- 159: Gender & Human Reproduction (4)
- 162: Personality Theory (4)
- 168: Abnormal Psychology (4)

Sociology (SOC)

- 122: Sociology of Adolescence (4)
- 127: Sociology of Death (4)
- 131: The Family (4)
- 132: The Sociology of Gender (4)
- 135: Social Relationships (4)
- 152: Juvenile Delinquency (4)
- 154: Sociology of Healthcare (4)

Public Health Sciences (SPH)

- 101: Perspectives in Community Health (3)
- 102: Introduction to Human Epidemiology (4)

**Please be aware that the Restricted Elective requirement is 19-20 units. If you are using a 2 unit course as a Restricted Elective, you may need to take additional Restricted Electives to ensure that you complete the required 19-20 units.

Revised 4/21/21