HDE 130: DEVELOPMENTAL PSYCHOPATHOLOGY
Fall 2019

Lecture: Tuesday/Thursday
3:10 PM–4:30 PM (Haring Hall 2016)

Discussion: Wednesday
A01: 5:10 – 6:00 PM (Wellman Hall 103)
A02: 6:10 – 7:00 PM (Social Science & Humanities 80)
A03: 7:10 – 8:00 PM (Social Science & Humanities 80)

Contact Information

Instructor: Aubrey Uresti, Ph.D.; auresti@ucdavis.edu
Office hours: Tuesday 1:00–2:00 PM in Hart Hall 1320, Thursday by appointment

Graduate Instructor: Amanda Lawrence, M.S.; aclawrence@ucdavis.edu
Office hours: Thursday 1:30–2:30 PM in Hart Hall 3410 and by appointment

Course Learning Objectives

This course is intended to promote students’ skills to: 1) demonstrate an understanding of fundamental theories related to human development, 2) clearly communicate human development concepts in written and/or oral format, 3) understand how development occurs in context (i.e., NOT independent of environments). Learning objectives will be assessed with a final paper, exam questions, and discussion.

This course covers foundational principles and current issues in developmental psychopathology, the study of mental health problems that originate in childhood and adolescence. Lectures focus on theoretical and empirical evidence of typical and atypical development. Discussion sections offer students opportunities to delve deeper into course material and communicate their understanding of course content through dialogue and activities. We will individually examine autism spectrum, disruptive behavior, attention-deficit/hyperactivity, mood (e.g., depression, bipolar), anxiety, and substance use disorders. By the end of this course, you will understand the clinical features, diagnostic criteria, causes, developmental course, prevention and treatment of psychological disorders originating in childhood and adolescence.

As part of enrolling in this course, you are expected to attend all lectures and discussions having completed assigned readings. It is my hope that this course will help us critically think about and apply course material to our interests and experiences with psychopathology, improve our understanding of scientific and professional challenges to working with people experiencing mental illness, and enhance our critical thinking, metacognitive, public speaking, and technical writing skills.

Overlapping Coursework:


2) PSC 168 Abnormal Psychology: Overlap in psychiatric disorders. PSC 168 focuses on adult psychopathology. HDE 130 covers infant, child, adolescent, and adult psychopathology.

Required Text and Class Resources

Course Website: Students are responsible for regularly checking Canvas for updates under Announcements, Assignments, Grades, and Files.

Inclusive Access Program: The course text is available in hard copy or e-book through the bookstore.

- To access the e-book, click on the Bookshelf menu option in Canvas to access your Student IA Portal.
- Follow the instructions in your portal to access the e-book.
- You will have trial access until the 14th day of instruction and can choose to opt in or not during that period to retain full access.
- Students who opt in by the deadline will have the access charge billed to their student account. If you do not opt in, your access will expire after the deadline and you will not be billed.
- If you forget to opt in before your access expires, you can contact the Inclusive Access team to be opted in and have the access turned back on.
- If you cannot locate the Canvas Bookshelf button or email with your portal link, you can have it resent at https://portal.verba.io/davis/login
- Please contact inclusiveaccess@ucdavis.com with questions about this purchasing option.

Grading and Course Assignments

All papers/assignments are due at the specified time. Work that is submitted after the specified time will be considered “late” and will receive an automatic deduction.

1. Participation in Discussion Sections: 20% of course grade. On-time attendance and participation are expected. If you arrive late, you may be counted absent unless your tardiness is cleared promptly with the instructor. Participation includes actively listening, participating in activities, and respecting others. Engaging in inappropriate activities (e.g., sleeping, social media) will reduce your grade.

2. Exams: 50% of grade. There are 4 multiple-choice exams in this course. Questions will be based on lectures, assigned readings, and some content from discussions. Bring a UCD 2000 scantron (blue) and pencil to all exams. The last exam is during finals week on Wednesday, December 11th from 3:30 PM to 5:30 PM.

3. Final Paper Proposal: 5% of grade. Write a paragraph describing which paper topic you selected, why you chose it, and what references you will use. At least five scientific journal references formatted in APA Style are required (you may not cite the textbook). Students can submit partial paper drafts as proposals to receive more feedback. Proposals must be approved by instructors and are due under Assignments on Canvas by Thursday, October 31st at 11:59 PM. Proposals submitted after the deadline are late and must be emailed to the Graduate Instructor; those submitted on the day after the deadline will have 20% of their points deducted, and an additional 20% will be deducted for each subsequent day late. Proposals submitted after Monday, November 4th will receive zero points.

4. Final Paper: 25% of grade. Write a research paper on a topic of your choosing following one of two prompts that will be posted on Canvas after Exam 1. Final papers should be between 5 and 6 pages (not including title page and reference pages) formatted to APA Style 6th Edition (e.g., double-spaced text, 12-point Times New Roman, 1-inch margins). Your final paper is due under Assignments on Canvas by Thursday, December 5th at 11:59 PM. Late submissions the day after the deadline will have 10% of points deducted (e.g., 2.5 out of 25 points), and an additional 10% deducted for each subsequent day late. Final papers submitted after Friday, December 13th will receive zero points.
Class Policies and Other Information

Electronic Devices: Phones, tablets, smart watches, laptops, mobile devices, or any device that may be disruptive to your fellow classmates should not be used during class. Students should refrain from using devices for any purpose other than note-taking and class activities. Please be courteous to your instructors and peers.

Email Policy: Please write “HDE 130” and a brief description in the subject line of your message to decrease the likelihood that your message gets filtered into junk mail. During the week, we will respond to emails within two days. Many questions about course content are too complex to answer over email. If you have questions, please try to attend office hours. In order to maintain a quick response time, emails should be brief. Also, please make a point to check your UCD email account regularly for class announcements and emails from the instructor or graduate instructor.

Academic Integrity: UC Davis Code of Academic Conduct and the Principles of Community are at the core of our teaching. Please review and be sure you are aware of what they contain.

UC Davis Principles of Community: UC Davis is a diverse community comprised of individuals having many perspectives and identities. We come from a multitude of backgrounds and experiences, with distinct needs and goals. We recognize that to create an inclusive and intellectually vibrant community, we must understand and value both our individual differences and our common ground. The UC Davis Principles of Community is an aspirational statement that embodies this commitment, and reflects the ideals we seek to uphold. http://ocr.ucdavis.edu/poc/

Code of Academic Conduct: All members of the academic community are responsible for the academic integrity of the UC Davis campus. Existing policies forbid cheating on examinations, plagiarism, and other forms of academic dishonesty. Academic dishonesty is contrary to the purposes of the University and is not to be tolerated. A code of conduct for the campus community must exist in order to support high standards of behavior. Under the Code of Academic Conduct, adopted in 1976, students, faculty, and administration share responsibility for academic integrity at UC Davis. The Code requires students to act fairly and honestly, and is based on a student honor code established in 1911. Examples of academic misconduct include:

- Receiving or providing unauthorized assistance on examinations
- Using or having unauthorized materials out during an examination
- Plagiarism - using materials from sources without citations
- Altering an exam and submitting it for re-grading
- Fabricating data or references
- Using false excuses to obtain extensions of time

Avoiding Plagiarism: Under the UC Davis Code of Academic Conduct, UC Davis students are responsible for ethical scholarship, and for knowing what plagiarism is and how to avoid it. All writing assignments must be original work. If you plagiarize, you will receive a zero on the assignment. Plagiarism—in any form—will not be tolerated, and will be subject to disciplinary action within the University. Resources on citation can be found from the UC Davis University Library at: http://guides.lib.ucdavis.edu/citations
Responsibility of Students: The ultimate success of a code of academic conduct depends largely on the degree to which it is willingly supported by students themselves. The following recommendations are made for students:

- Be honest at all times.
- Act fairly toward others. For example, do not disrupt or seek an unfair advantage over others by cheating, or by talking or allowing eyes to wander during exams.
- Do not submit the same work in more than one class. Unless otherwise specified by the instructor, all work submitted to fulfill course requirements must be work done by the student specifically for that course. This means that work submitted for one course cannot be used to satisfy requirements of another course unless the student obtains permission from the instructor.
- Unless permitted by the instructor, do not work with others on graded coursework, including in-class and take-home tests, papers, or homework assignments.
- Know what plagiarism is and take steps to avoid it. When using the words or ideas of another, even if paraphrased in your own words, you must cite your source. Students who are confused about whether a particular act constitutes plagiarism should consult the instructor who gave the assignment.
- Know the rules - ignorance is no defense. Those who violate campus rules regarding academic misconduct are subject to disciplinary sanctions, including suspension and dismissal.

Special Circumstances: Students who require special accommodations (e.g., disabilities, religious holidays) should notify the instructor by Friday, October 4 so appropriate arrangements can be made. Make-up exams will only be offered with a doctor’s note or other documented proof of extenuating circumstances. Students often experience personal problems that interfere with their learning. If this happens to you, meet with an instructor as soon as possible to discuss resources and accommodations.

Helpful Resources:

Student Health and Counseling Services: General information at 530-752-2300 (shcs.ucdavis.edu)
Counseling Services: 219 North Hall (shcs.ucdavis.edu/services/counseling.html)
Mental Health Crisis: If you are in Crisis, text “Relate” to 741741, call 530.756.5000 or come to North Hall during normal business hours, typically 11am – 4pm Monday through Friday. North Hall is closed evenings, weekends and all University Holidays. For emergencies, call 911 immediately. For confidential after-hours assistance by phone, call the Student Health Advice Nurse at 530-752-2349. The nurse will discuss your concerns and help you make informed decisions about your health. Call 530-752-2349 to schedule an appointment in Acute Care at the Student Health and Wellness Center.

Yolo County Suicide Prevention (available 24 hours every day): 530-756-5000.
Suicide Prevention and Crisis Services of Yolo County: 1-888-233-0288
Chat Online: http://chat.suicidepreventionlifeline.org/GetHelp/LifelineChat.aspx
National Suicide Hotline in Spanish: 1-888-628-9454
Become a volunteer: http://www.dcn.davis.ca.us/~spyc/?page_id=36
Texting Hotline: Text "CONNECT" to 741741

Student Academic Success Center: Services provided in 111 South Hall (752-4475), 2205 Dutton Hall (752-2013), and Educational Opportunity Program building (752-9366). Academic advising, tutoring, workshops, mentorship, proofreading, and other resources found at http://success.ucdavis.edu/index.html.
Writing Support Services can be found at https://tutoring.ucdavis.edu/writing
Searchable Electronic Databases: Students have free, easy access from on- or off-campus to electronic-journals at Shields Library at [http://www.lib.ucdavis.edu](http://www.lib.ucdavis.edu).

Purdue University Online Writing Lab: APA Style
[https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_style_introduction.html](https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_style_introduction.html)

University Policies: All students will be required to acknowledge the [Code of Academic Conduct](http://www.ucdavis.edu) for each registered course.

Beginning on the first day of instruction [my.ucdavis.edu](http://my.ucdavis.edu) will notify students online and through email to participate in keeping UC Davis a fair and honest community. Failure to participate could bring significant consequences to students, such as prevention from registering in the next term and/or lowered or removed financial aid awards.
<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Reading</th>
<th>Topic</th>
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<tbody>
<tr>
<td>1</td>
<td>Thurs, Sept. 26</td>
<td>Syllabus</td>
<td>Class Overview &amp; Intro. to Developmental Psychopathology</td>
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<tr>
<td></td>
<td>Tues, Oct. 1</td>
<td>Chapter 1</td>
<td>Science and Practice of Abnormal Child Psychology (pp. 2–30)</td>
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<td>Thurs, Oct. 3</td>
<td>Chapter 2</td>
<td>The Causes of Childhood Disorders: A Levels of Analysis Approach (pp. 31–59)</td>
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<td>Tues, Oct. 8</td>
<td>Chapter 3</td>
<td>Assessment &amp; Diagnosis (pp. 60–85)</td>
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<td>Thurs, Oct. 10</td>
<td>EXAM #1 (Ch. 1–3)</td>
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<td>3</td>
<td>Tues, Oct. 15</td>
<td>Chapter 6</td>
<td>Autism Spectrum Disorder (pp. 151–185)</td>
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<td>Thurs, Oct. 17</td>
<td>Chapter 8</td>
<td>Attention-Deficit/Hyperactivity Disorder (pp. 232–264)</td>
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<td>Tues, Oct. 22</td>
<td>Chapter 9</td>
<td>Conduct Problems in Children and Adolescents (pp. 265–300)</td>
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<td>Thurs, Oct. 24</td>
<td>EXAM #2 (Ch. 6, 8, 9)</td>
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<td>Tues, Oct. 29</td>
<td>Chapter 10</td>
<td>Substance Use Disorders in Adolescents (pp. 301–320)</td>
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<td>Thurs, Oct. 31</td>
<td>Chapter 10</td>
<td>Substance Use Disorders in Adolescents: Treatment (pp. 321–334)</td>
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<td><strong>Final Paper Proposal Due on Canvas by 11:59 PM</strong></td>
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<td>6</td>
<td>Tues, Nov. 5</td>
<td>Chapter 11</td>
<td>Anxiety Disorders (pp. 336–360)</td>
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<td>Thurs, Nov. 7</td>
<td>Chapter 11</td>
<td>Obsessive-Compulsive Disorder (pp. 361–479)</td>
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<td>Tues, Nov. 12</td>
<td>Chapter 12</td>
<td>Trauma-Related Disorders (pp. 380–403)</td>
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<td>Thurs, Nov. 14</td>
<td>Chapter 12</td>
<td>Child Maltreatment (pp. 404–420)</td>
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<td>Tues, Nov. 19</td>
<td>EXAM #3 (Ch. 10–12)</td>
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<td>Thurs, Nov. 21</td>
<td>Chapter 13</td>
<td>Depressive Disorders (pp. 421–447)</td>
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<td>9</td>
<td>Tues, Nov. 26</td>
<td>Chapter 13</td>
<td>Suicide (pp. 448–459) and Eating Disorders (SKIM: 511–542)</td>
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<td>Thurs, Nov. 28</td>
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<td>Thanksgiving Day Holiday: NO CLASS MEETING</td>
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<td>Tues, Dec. 3</td>
<td>Chapter 14</td>
<td>Pediatric Bipolar Disorders (pp. 460–483)</td>
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<td>Thurs, Dec. 5</td>
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<td>Resilience and Recovery from Trauma</td>
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<td><strong>Final Paper Due on Canvas by 11:59 PM</strong></td>
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<td>Finals</td>
<td>Wed, Dec. 11</td>
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<td>EXAM #4 (Ch. 13–14)</td>
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<td><strong>Our exam time: Wednesday, Dec. 11 from 3:30–5:30 PM</strong></td>
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