

HDE 130: DEVELOPMENTAL PSYCHOPATHOLOGY (FALL 2018)

Lecture: Tuesday and Thursday 12:10 – 1:30 PM, 2016 Haring Hall

Discussion: Wednesday, 117 Olson Hall (except A03 is in 151 Olson)

A01: 5:10 – 6:00 PM **A02:** 6:10 – 7:00 PM **A03:** 7:10 – 8:00 PM

Contact Information

Instructor: Daniel Choe, Ph.D.
Email: danchoe@ucdavis.edu
Office: 1347 Hart Hall
Office Hours: M 3:00 – 4:00 PM
R 4:30 – 5:30 PM
Mailbox: 1318 Hart Hall

Graduate Instructor: Ola Abdelhadi
Email: oabdelhadi@ucdavis.edu
Office: 2420 Hart Hall
Office Hours: W 4:00 – 5:00 PM
By appointment
Mailbox: 1318 Hart Hall

Email Policy: Please write “HDE 130” in the subject line. I will respond to emails within 24 hours during weekdays. I will not respond to emails asking about information found in this syllabus.

Course Learning Objectives

This course is intended to promote students’ skills to: 1) demonstrate an understanding of fundamental theories of related to human development, 2) clearly communicate human development concepts in written and/or oral format, 3) understand how development occurs in context (i.e., NOT independent of environments). Learning objectives will be assessed with a final paper, exam questions, and discussion.

This course covers foundational principles and current issues in *developmental psychopathology*, the study of mental health problems that originate in childhood and adolescence. Lectures focus on theoretical and empirical evidence of *typical* and *atypical* development. Discussion sections offer students opportunities to delve deeper into course material and communicate their understanding of course content through dialogue and activities. We will individually examine autism spectrum, disruptive behavior, attention-deficit/hyperactivity, mood (e.g., depression, bipolar), anxiety, and substance use disorders. By the end of this course, you will understand the clinical features, diagnostic criteria, causes, developmental course, prevention and treatment of psychological disorders originating in childhood and adolescence.

As part of enrolling in this course, you are expected to attend all lectures and discussions having completed assigned readings. It is my hope that this course will *help us critically think about and apply course material* to our interests and experiences with psychopathology, *improve our understanding of scientific and professional challenges* to working with people experiencing mental illness, and *enhance our critical thinking, metacognitive, public speaking, and technical writing skills.*

Overlapping Coursework:

- 1) **PSC 148 Developmental Disorders:** Overlap in autism spectrum disorders. PSC 148 emphasizes developmental disorders. HDE 130 emphasizes psychiatric disorders and context (stress, treatment).
- 2) **PSC 168 Abnormal Psychology:** Overlap in psychiatric disorders. PSC 168 focuses on adult psychopathology. HDE 130 covers infant, child, adolescent, and adult psychopathology.

Required Text and Class Resources

Weis, Robert (2014). *Introduction to abnormal child and adolescent psychology* (2nd ed.). Los Angeles, CA: SAGE Publications, Inc.

Course Website: Students are responsible for regularly checking Canvas for updates under *Announcements, Assignments, Grades, and Files*. The course text is available in hard copy or as a lower-cost e-book through the bookstore. To access the e-book, log in to the course page on Canvas, and select the Modules tab. There, click the link to the e-book. You may opt-in to view the e-book for free through the first 10 days of instruction. You can opt out at any point; however, those who are still opted in after the end of the 10th day of instruction will have their student account charged \$58. A "how-to" file is located on Canvas in the Files tab under "E-Text Access Help." If you have questions, email the Inclusive Access help desk at inclusiveaccess@ucdavis.edu.

Grading and Course Assignments

1. **Participation in Discussion Sections:** 20% of course grade. On-time attendance and participation are expected. If you arrive late, you may be counted absent unless your tardiness is cleared promptly with the instructor. Participation includes actively listening, participating in activities, and respecting others. Engaging in inappropriate activities (e.g., sleeping, social media) will reduce your grade.
2. **Exams:** 50% of grade. There are 4 multiple-choice exams and your lowest exam grade will be dropped. Questions will be based on lectures, assigned readings, and some content from discussions. Bring a UCD 2000 scantron (blue) and pencil to all exams. The last exam is during finals week on **Thursday, December 13th from 1:00 PM to 2:20 PM**.
3. **Final Paper Proposal:** 5% of grade. Write a paragraph describing which paper topic you selected, why you chose it, and what references you will use. At least five scientific journal references formatted in APA Style are required (you may not cite the textbook). Students can submit partial paper drafts as proposals to receive more feedback. Proposals must be approved by instructors and are due under *Assignments* on Canvas by **Thursday, November 1st at 11:59 PM**. Proposals submitted after the deadline are late and must be emailed to the Graduate Instructor; those submitted on the day after the deadline will have 20% of their points deducted, and an additional 20% will be deducted for each subsequent day late. Proposals submitted after **Monday, November 5th** will receive zero points.
4. **Final Paper:** 25% of grade. Write a research paper on a topic of your choosing following one of two prompts that will be posted on Canvas after Exam 1. Final papers should be between 5 and 6 pages (not including title page and reference pages) formatted to APA Style 6th Edition (e.g., double-spaced text, size 12 Times New Roman, 1-inch margins). Your final paper is due under *Assignments* on Canvas by **Thursday, December 6th at 11:59 PM**. Late submissions the day after the deadline will have 10% of points deducted (e.g., 2.5 out of 25 points), and an additional 10% deducted for each subsequent day late. Final papers submitted after **Friday, December 14th** will receive zero points.

Class Policies and Other Information

Use of phones, tablets, smart watches, laptops, and other mobile devices in class is prohibited. Please be courteous to your peers. Assignments must be Microsoft Word documents (doc., docx.).

Academic Misconduct: Plagiarism and other forms of academic dishonesty are not tolerated and will have serious consequences. All writing assignments must be original work. **If you plagiarize, you will receive a zero on the assignment and disciplinary action.** Examples of plagiarism include copying or paraphrasing the work of another person without citing the source, or allowing another person to copy your work. If you are not sure whether something is plagiarism or are unfamiliar with the *University Code of Academic Conduct*, see <http://sja.ucdavis.edu/cac.html>. **Students who cheat or plagiarize will be reported to the Office of Student Support and Judicial Affairs.** Those who violate campus rules on academic misconduct are subject to disciplinary sanctions. Ignorance of these rules is no defense.

Special Circumstances: Students who require special accommodations (e.g., disabilities, religious holidays) should notify the instructor by **Tuesday, Oct. 16th** so appropriate arrangements can be made. Make-up exams will only be offered with a doctor's note or other documented proof of extenuating circumstances. Students often experience personal problems that interfere with their learning. If this happens to you, meet with an instructor as soon as possible to discuss resources and accommodations.

Helpful Resources: *Student Health and Counseling Services:* General information at 530-752-2300 (shcs.ucdavis.edu); *Counseling Services* at [219 North Hall](http://219NorthHall) (shcs.ucdavis.edu/services/counseling.html); For immediate mental health crisis assistance, call 530-752-2349 or walk in to speak with an [advice/triage nurse](#). For confidential after-hours assistance by phone, call the Student Health Advice Nurse at 530-752-2349. The nurse will discuss your concerns and help you make informed decisions about your health. Call 530-752-2349 to schedule an appointment in Acute Care at the *Student Health and Wellness Center*.

Yolo County Suicide Prevention (available 24 hours every day): 530-756-5000.
Suicide Prevention and Crisis Services of Yolo County: 1-888-233-0288
National Child Abuse Hotline: 1-800-422-4453, <https://www.childhelp.org/hotline/>
National Domestic Violence Hotline: 1-800-799-7233, <http://www.thehotline.org/>
National Suicide Hotline: 1-800-273-8255, <https://suicidepreventionlifeline.org/>
Chat Online: <http://chat.suicidepreventionlifeline.org/GetHelp/LifelineChat.aspx>
National Suicide Hotline in Spanish: 1-888-628-9454
Become a volunteer: http://www.dcn.davis.ca.us/~spyc/?page_id=36
Texting Hotline: Text "CONNECT" to 741741

Student Academic Success Center: Services provided in 111 South Hall (752-4475), 2205 Dutton Hall (752-2013), and Educational Opportunity Program building (752-9366). Academic advising, tutoring, workshops, mentorship, proofreading, and other resources found at <http://success.ucdavis.edu/index.html>.

Searchable Electronic Databases: Students have free, easy access from on- or off-campus to electronic-journals at Shields Library at <http://www.lib.ucdavis.edu>.

Purdue University Online Writing Lab: APA Style <https://owl.english.purdue.edu/owl/resource/560/01/>.

University Policies: Starting with Fall Quarter (September 2018), all students will be required to acknowledge the [Code of Academic Conduct](#) for each registered course.

Beginning on the first day of instruction my.ucdavis.edu will notify students online and through email to *participate* in keeping UC Davis a fair and honest community: participate.ucdavis.edu. Failure to participate could bring significant consequences to students, such as prevention from registering in the next term and/or lowered or removed financial aid awards.

Fall 2018 Course Calendar for HDE 130 Lecture

Date		Assigned Reading	Topic
Sept.	27	Syllabus	Class Overview & Intro. to Developmental Psychopathology
Oct.	2	Chapter 1	Science and Practice of Abnormal Child Psychology (pp. 2–27)
	4	Chapter 2	Exploring the Causes of Childhood Disorders: Research Methods and Theories (pp. 28–54)
	9	Chapter 3	Assessing, Diagnosing, and Treating Children’s Problems (pp. 55–86)
	11		EXAM #1 (Ch. 1–3)
	16	Chapter 6	Autism Spectrum Disorder (pp. 166–203) College Career Outreach Program from Sacramento Children’s Home https://www.kidshome.org/
	18	Chapter 8	Attention-Deficit/Hyperactivity Disorder (pp. 252–286)
	23	Chapter 9	Conduct Problems in Children and Adolescents (pp. 287–323)
	25		EXAM #2 (Ch. 6, 8, 9)
	30	Chapter 10	Substance Use Disorders in Adolescents (pp. 324–348)
Nov.	1	Chapter 10	Substance Use Disorders in Adolescents: Treatment (pp. 348–362) Final Paper Proposal Due on Canvas by 11:59 PM
	6	Chapter 11	Anxiety Disorders (pp. 364–393)
	8	Chapter 11	Obsessive-Compulsive Disorder (pp. 394–415)
	13	Chapter 12	Trauma-Related Disorders (pp. 416–448)
	15	Chapter 12	Child Maltreatment (pp. 448–467)
	20		EXAM #3 (Ch. 10–12)
	22		Thanksgiving Day
	28	Chapter 13	Depressive Disorders (pp. 468–504)
	29	Chapter 13	Non-Suicidal Self-Injury (pp. 504–518)
Dec.	4	Chapter 14	Bipolar Spectrum Disorders (pp. 519–545)
	6		Resilience and Recovery from Trauma Final Paper Due on Canvas by 11:59 PM
	13		EXAM #4 (Ch. 13–14) during Finals Week 1:00 – 2:20 PM