

**HDE-12: Human Sexuality**  
**Fall Quarter 2018**  
**University of California – Davis**

*Sexuality is a big issue, but there are others - how much you commit to a relationship,  
to social obligation, to honesty, and being honest with yourself.*  
- Ang Lee

Class times: Tues & Thurs 6:10-7:30pm  
Class Location: Sci Lec 123

	<b>E-mail:</b>	<b>Office:</b>	<b>Office Hours:</b>
<b>Instructor:</b> Lisa L. Rapalyea, Ph.D., ATC	llrapalyea@ucdavis.edu	1320 Hart Hall	Tue 3:30 - 5:30pm or by appt
<b>TAs:</b> Wesley Yang	wesyang@ucdavis.edu	2420 Hart Hall	Wed 3:30 - 5:30pm or by appt
Elisa Ugarte	eugarte@ucdavis.edu	2420 Hart Hall	Thur 8:30 - 9:30am or by appt
Jeta Kumaravel	jkumaravel@ucdavis.edu	2420 Hart Hall	Fri 8:45 - 10:45am or by appt

**Required Materials:**

- 1) Digital / Inclusive Access:
  - a. E-book (Smartbook): *Human Sexuality*, 1<sup>st</sup> Edition. Herdt & Polen-Petit, McGraw-Hill Publishing
  - b. McGraw-Hill Course Connect
- 2) iClicker2 (*iClicker 1 will work*)

**Required to use regularly:**

- 1) McGraw-Hill Course Connect
- 2) course website: [canvas.ucdavis.edu](http://canvas.ucdavis.edu)
- 3) ucdavis e-mail account – class emails are directed to this account only

**WELCOME TO HDE-12: HUMAN SEXUALITY!**

This course will be fun and informative, so take advantage of the learning opportunity being provided. To get off to a good start, it's very important that you ***read this syllabus carefully and completely***. Important expectations, policies, information, dates, deadlines and assignment information are provided. Please note that the ***course schedule is subject to change due*** to situations that may arise. If any changes need to be made, it will be announced as soon as possible in class, on the course website and/or via class e-mail.

***It is your responsibility to check both the course website (Canvas) and your ucdavis e-mail account on a regular basis for any and all announcements.***

**COURSE DESCRIPTION**

Human Sexuality is designed to be an undergraduate ***college level*** course that uses a biopsychosocial approach to understanding topics and issues related to human sexuality. This biopsychosocial approach involves a complex interaction of physiological (biological), psychological, and socio-cultural processes. A myriad of influences will be explored to achieve a better understanding of your personal development as a sexual being (as an identity). In addition, individual, and cultural differences regarding the development of sexuality and related issues will be explored.

Not only will this course provide an overview of many topics, but it is designed to present practical as well as scientifically supported information - the latter is important in helping students develop critical evaluation skills. These skills are necessary for making informed assessment regarding the accuracy of available information via the internet, media, and/or from interpersonal interactions. The main goal of this course is to improve sexual literacy/intelligence regarding different aspects of sexuality for better understanding of yourself as well as societal / cultural issues regarding sexuality.

The practical information presented is **not** going to be in the form of “instructions” on how to be more sexual, but rather to facilitate understanding of what sexuality is, the purpose(s) of sexuality, why sexual behaviors occur, why or how one becomes more sexually aware, and how to protect personal health and safety.

**COURSE OBJECTIVES**

- To develop sexual literacy/intelligence surrounding issues involving sexuality as well as terminology.
- To develop understanding regarding sexual health, physiology, functioning, and behaviors.
- To provide an opportunity to identify, examine, and understand the biopsychosocial influences on personal and others' development of sexuality.

- To develop critical thinking and achieve personal understanding via exploring personal sexuality related experiences with information presented/learned from class materials.
- To develop skills in accessing and critically evaluating information regarding sexuality.
- To provide a foundation for decision making within the context of sexuality and sexual behaviors to safeguard personal health and safety, as well as safety of others.
- To understand how to foster healthy relationships with intimate partners.
- To develop more focused writing skills on biopsychosocial issues related to sexuality.

### **COURSE EXPECTATIONS AND POLICIES**

**Note:** Please be aware that these expectations and policies have evolved as a result of past student behaviors as well as *student feedback requesting* certain policies to enhance the learning environment.

#### **1) FIRST AND FOREMOST ... HAVE FUN!! --- BUT BE RESPECTFUL AND MATURE.**

- This class will cover some very interesting as well as *very sensitive topics including presentation of explicit materials* regarding the human body and other topics related to human sexuality. It is expected that at times, people will find some of the material to be quite humorous. But keep in mind that due to some materials being sensitive and difficult, **possibly triggering** topics to discuss, it is expected that everyone is respectful in their reactions to the material presented as well as to the diversity of views/opinions expressed for any given topic. *Please contact the instructor at any time with questions or concerns.*
- **Understand the following University policy on sexual harassment.**
  - **University of California Sexual Harassment Policy:**
    1. The University of California is committed to creating and maintaining a community where all persons who participate in University programs and activities can work and learn together in an atmosphere free of all forms of harassment, exploitation, or intimidation.
    2. Every member of the University community should be aware that the University is strongly opposed to sexual harassment, and that such behavior is prohibited both by law and by University policy.
- This course provides a great opportunity to learn from peers as well as the information presented so discussion and debates will be highly encouraged online and in class (within time limits) to allow learning from one another. Make the most of this opportunity by helping to create a receptive and respectful environment.
- There are no “dumb” or unimportant questions and it is highly encouraged to ask anything that comes to mind. This is your opportunity to get information that you have been curious about. If uncomfortable asking questions during class, you can always pass an anonymous note to the TAs during class to be forwarded to the instructor or come to office hours to discuss questions in a less public setting.
- Additional expectations and policies on classroom etiquette (behaviors) are outlined further in respective sections.

#### **2) ACADEMIC INTEGRITY - *submit honest and original content / work on all assignments***

- No cheating on exams.
- No cheating on or plagiarizing of assignments.
  - You need to do your own work on all assignments including online assignments.
  - Issues regarding plagiarism and how to avoid this will be provided. This is very important in developing good writing skills, so make every effort to understand this issue.
- Do not use clickers to aid academic dishonesty.
  - Do not give your clicker to someone else to tabulate participation points if you are absent.
  - Do not use someone else’s clicker to garnish participation points for them while allowing them to be absent.
- **If you witness any acts of academic dishonesty, do not be a bystander.** Instead choose to be an upstander and report any suspected acts of academic dishonesty to the instructor and/or TAs as soon as possible to help preserve academic integrity in this course and on this campus. Any and all communications or investigations regarding suspicious activity will be handled discreetly, confidentially, and with utmost fairness.
- **Review SJA Policies provided on Canvas as well as provided by Student Judicial Affairs ([sja.ucdavis.edu](http://sja.ucdavis.edu))**
- It is **your responsibility** to know and follow all course policies of the university. If it is discovered that academic dishonesty has occurred (see above bullet points in this section), immediate referral to Campus Student Judicial Affairs may be made for appropriate disciplinary action.

### 3) CLASS PARTICIPATION

- Due to amount of course material and possible guest speakers, plan on being here until **class ends at 7:30pm**. Do not start packing up until class ends!
- **Be on time to class.** If you *need* to leave class early, please sit in an aisle seat (due to the large class size) and be respectful of classmates, the instructor and possible guest speakers.
- This course is designed to encourage class participation, which will be accessed using “clickers.”
- Non-participation will **negatively affect your overall grade due** to missed materials not covered in the textbook, from guest speakers as well as missing in class participation exercises.
- **Make a friend** in class to contact in case of absences for notes, announcements, etc. Do not e-mail the instructor or the TA’s asking what you missed in class. You may however after reviewing notes from classmates seek the help of the instructor and/or TAs during office hours or by appointment for clarification with the notes or additional help in understanding the material.

### 4) USE OF ELECTRONIC DEVICES DURING LECTURES

- Laptop / tablet use in class are for **taking notes or class related activities only**.
- **NOTE:** There have been persistent complaints from students about their peers being on their laptops/devices playing games, watching YouTube, FaceBooking, Twittering, and other web surfing. These behaviors are a distraction to classmates and are considered disrespectful behavior. **The number one rule of this course is respect.**
- If complaints are received from current students about ongoing distractions, a **class ban** on laptop and tablets **may be considered** for the rest of the quarter. So please be respectful of your classmates and instructor (including guest speakers) and use your laptop/tablet appropriately during lectures.
- Cell phones, PDA’s and iPods/MP3 players **must be turned off during class sessions** unless otherwise indicated.

### 5) RECORDING LECTURES

- **Podcasts of this class will not be done.**
- **Do not take pictures of slides during lectures.**
- If you want to record lectures, you **need to obtain permission of the instructor first**. All lectures are the intellectual property of the instructor and any guest speakers.
- Read the next section regarding restrictions on sharing course materials

### 6) COURSE MATERIALS AND RESTRICTIONS

- PDFs outlines of lecture slides will generally be uploaded the evening before related lecture. However these are not comprehensive, and will **not contain all the information** presented in class. The PDFs are designed to both encourage attendance and make note taking a bit easier. They are not designed to substitute for missing class sessions.
- Due to the sensitive topics of this course and being **intellectual property of the instructor and/or guest speakers**, any course materials provided, including unauthorized or authorized recordings, **may not be shared, sold, put on the internet, or otherwise distributed in any form**.
  - You can do what you want with notes you actually wrote down during lecture, however you may not upload any course materials, provided by the instructor to the internet, including plagiarized versions of course materials or outlines of the lectures.
  - You may share your notes, even if on a pdf with fellow classmates to help with learning the course materials.
- **Any unauthorized recording and distribution of lectures, as well as unauthorized distribution of course materials provided by the instructor will be referred to Student Judicial Affairs.**

### 7) E-MAILING INSTRUCTOR AND TEACHING ASSISTANTS

- This is an excellent way of contacting us. However, **do not expect** to receive an immediate response. You can expect a response within 24-48 hours of receipt of the e-mail.

- **You must use your UCD e-mail address when sending us e-mails.** This allows for easier identification of students in the class and for follow-up correspondence. **We will not respond to non-UCD e-mail addresses** because of the sensitive topics in this course.
- To reach the instructor or TAs more quickly, please **put HDE-12 in the subject line** followed by topic or question.
- Use proper e-mail etiquette and good communications skills. Be polite, clear, precise, and use proper English grammar. **Do not use short hand or text messaging style.**

#### 8) REGULARLY CHECK CANVAS AND UCD E-MAIL ACCOUNT

- CANVAS will provide access to the class course website, and through that the LearnSmart (McGraw-Hill Connect) portal if you are enrolled or waitlisted in the class. You must access this website on a regular basis for announcements to be posted there, to access class materials and to review grades.
- A class e-mail / announcement will be periodically sent to your UC Davis e-mail address. **You need to check your UC Davis e-mail account** (unless you set it up to forward to another e-mail address) for mail from the instructor and/or TAs that will be used to communicate course related announcements, changes, and updates.
- Check your CANVAS notification settings to make sure you are set up to receive messages from the instructor and/or TAs. It is your responsibility to make sure you are receiving messages.

#### SPECIAL ACCOMODATION NEEDS:

- If you are a student who needs additional accommodations to facilitate learning, you **MUST MEET with the instructor within the first two weeks of the course.**
- **Students with Disabilities:** This applies to students with accommodation requests verified by the campus Students with Disability Center (SDC). For SDC students, notification by the SDC will not guarantee your accommodations. You also **MUST MEET with the instructor** (*as stipulated in your accommodation letter*) to make arrangements to ensure the most optimal learning experience for you. Confidentiality and cooperation is assured.
- **Student-Athletes:** This also applies to student-athletes that have competition conflicts with the course. You must provide a **completed and accurately filled** out academic accommodation form as well as a copy of the athletic competition schedule to the instructor for consideration of accommodation requests.

#### EXAMS AND ASSIGNMENTS

##### 1) CLASS PARTICIPATION VIA “CLICKERS” (*electronic devices that record class participation by transmitting responses and student ID*)

- Worth approximately **5% of course grade** (25 points). This is an easy course requirement to fulfill, however, poor participation **will negatively** affect overall course grade.
- **In-class polling** will be given randomly to engage students, encourage keeping up with material, and to reflect about societal influences. This will be assessed by the use of the iClicker2 “clickers”.
- You are expected to bring clickers to **all** class meetings. Make sure you have extra batteries in case of losing battery life.
- **If you forget your clicker**, you can have a **ONE TIME ONLY** “I forgot my clicker” pass where you will submit **in writing** at the **END** of lecture, **the questions** that were asked. You do not need to record your answers or the answer choices. Be sure to put your name, date, and student ID on your paper when turning in **at the END of lecture only**. **No late turn in of the One-Time Pass will be accepted.**
- **If you have technical problems with your clicker**, be sure to follow up with the instructor and/or TAs at the end of lecture only. **Not the next day or later in the course / quarter.**
- **Policy:** The clickers will record participation via transmission of student ID and related answers to various assessments throughout the course. Individual student responses will be converted into participation points at the end of the course. You will be able to review your participation for lectures before final participation grade is calculated (to be further explained). The individual information/actual responses recorded are for **academic use only** and will not be accessible by anyone except the instructor. **Confidentiality is assured.**

## 2) LEARN SMART MODULES (via McGraw-Hill Course Connect)

- Worth 75 points (approximately **15% of the course grade**). There are 15 modules scheduled that correspond to assigned readings. Each module is worth 10 raw score points, so 150 possible raw score. The raw score **will be converted** to the final course points. For example, if you get 139 points then:

$$139 / 150 = 92.7\% \times 75 \text{ (course points possible)} = 69.50 \text{ (learnsmart grade) out of 75 possible.}$$

- Another relatively easy grade to earn. **You can repeat the modules to improve your scores until you reach maximum points up to the due date / time.** The last recorded highest score when the due date/time is reached will be recorded as your final result for the respective modules.
- The purpose of these modules is to help you learn the material and keep up with the readings. You may access them at any time during the course to aid in your studies and preparation for exams.
- **There will be no make-ups for modules if you miss a deadline unless you provide documentation of clear extenuating circumstances.**
- The modules will be released ~ 5 days before the assigned due date. **The last day to submit answers will be by 11:59pm on the assigned due date** (see course schedule) unless modified by the instructor. They are set for ~ 30 - 45 minutes (max – depends on chapter), but how long it actually takes will depend on how well you have prepared by reading the chapter and how well you understand the chapter.
- **Do not wait until the last minute to do the assignments.** If you encounter technical issues when doing assignments last minute, your score may be compromised. It is your responsibility to do the assignment in a timely manner and to make sure the correct score is recorded.

## 3) EXAMS

- There will be **3 non-cumulative exams**, each covering ~ 1/3 of the course material. Materials relevant to the exams are: assigned readings (textbook and additional articles), lectures, discussions, guest speakers, and in-class activities.
- Each exam is worth approximately 100 pts (**combined** approximately **60% of course grade**). Check course schedule for scheduled dates.
- **NO MAKE UP EXAMS** except in the event of a *documented* emergency. *Written, legitimate documentation from appropriate sources* to verify an unavoidable reason for missing exam will need to be provided.
- You must contact the instructor **ASAP** (preferably before) the exam in event of an emergency, otherwise you risk receiving zero points. If a make-up exam is approved due to *documented verification*, then the “make-up” exam must be done **within one week** of the original exam date by appointment.
- **UCD Red SCANTRON and a #2 pencil** are required for all exams.
- **DO NOT BE LATE TO EXAMS** – when the first exam to be completed has been turned in, no exams will be handed out after this point unless there are clear and documented extenuating circumstances. If allowed to take the exam, it will have to be completed in the remaining time, no extension of time will be given.

## 4) WRITTEN ASSIGNMENT

- Worth 100 points (approximately **20% of the course grade**). Specific information on the written assignment will be given in a separate handout and will be discussed by the beginning of 3<sup>rd</sup> week (syllabus week 3) at the latest.
- **DUE at the beginning of class before lecture starts on assigned due date** (see assignment / Canvas when announced) in **PRINT COPY → DO NOT E-MAIL OR UPLOAD THE PAPER**. If lecture has already started and the paper has not been turned in, it will be considered **late and WILL be deducted points**. So do not procrastinate on this assignment.
- If there are extenuating circumstances, make sure you e-mail the instructor/reader **BEFORE** class to explain the situation and be prepared to provide *verified legitimate documentation to justify lateness of paper*. **DO NOT E-MAIL OR UPLOAD THE PAPER**.
- Paper must have proper English grammar and correct spelling. **Do not use short hand or text messaging (e.g. lol, ru4realz, etc)** style in papers, you will lose points if these are present.... And yes, this has happened before thus this policy!
- **KEEP AN EXTRA HARD COPY** of your paper.

## 5) EXTRA CREDIT

- Any extra credit assignment given is at the sole discretion of the instructor and will be announced if offered.

## GRADING POLICY

- Final course grade will be **calculated on total percentage**. **Grades are not curved for this course**. So you are not in competition with each other, just with yourself.

A+ 97-100%	B+ 87-89.9%	C+ 77-79.9%	D+ 67-69.9%	F below 60%
A 93-96.9%	B 83-86.9%	C 73-76.9%	D 63-66.9%	
A- 90-92.9%	B- 80-82.9%	C- 70-72.9%	D- 60-62.9%	

**Note:** These grade cutoffs are to be used to *estimate* your grade and will not reflect your possible final grade. There are possible grade adjustments that may occur during the duration of the course due to overall class performance on exams and assignments.

- All grades earned on tests and assignments for this course are **non-negotiable**. To make sure you get the best possible grade on course assignments and/or exams, it is ***your responsibility*** to make sure you understand what is expected **BEFORE** the assignments are due and before taking the exams.

*Exception* to non-negotiable grades involves errors in grading and / or score calculations (yes, we goof occasionally!). All requests for grade changes must be made in writing and include reasons for why any grade change is warranted. *You have 1 week from time of grade release to have possible grading errors re-evaluated.*

- Do not contact TAs regarding changing grade(s)** – grading criteria and grades are determined by the instructor. You may ask the TAs for clarification regarding the grading of assignments, but you need to provide any grading related challenges in writing (see above) to the instructor.
- You are responsible** for picking up all class materials and checking to make sure your grade is entered correctly on canvas.ucdavis.edu. If any grade entry was made in error, you need to contact the TAs and return the assignment(s) in question for review and correction in the gradebook.
- For final grades:** “borderline” cases are carefully and individually evaluated blind by the instructor based on class participation, and overall performance on ***required*** assignments. True “borderline” grades are not clear to students due to overall number of points and the calculations involved.

**Two components of the course are fairly easy** – participation and LearnSmart – whether or not you **boost your own grade** by staying on top of the LearnSmart assignments and participating in class is your responsibility.

If extra credit assignment(s) is given, evaluation of borderline grades is done ***before*** applying the extra credit points. **Borderline cases as a result of extra credit points being added will not be re-evaluated and grades will not be adjusted.**

Final grades are not negotiable. **DO NOT E-MAIL THE INSTRUCTOR ASKING TO BE “BUMPED” UP TO NEXT HIGHEST GRADE.** There are grade cutoffs for a reason.

### **Summary of Required Work (Graded Items):**

Class Participation (converted points)	= 25 pts max (~ 5.0%)
Learning Modules (converted points)	= 75 pts max (~ 15.0%)
Exams	= 300 pts max (~ 60.0%)
Paper	= 100 pts max (~ 20.0%)
Total maximum possible points	= 500 pts max ( 100.0%)

*See course schedule next page*

## COURSE SCHEDULE

**NOTE: This course schedule may change if needed.** Some topics are longer or shorter than others. The longer ones may run over into the following lectures, so be sure to stay up on the reading to be prepared for lectures as well as to do reasonably well on the assigned Learn Smart Modules.

The LearnSmartModules are set to release about 5-7 days before the scheduled lecture of the related topics. Due dates for Learn Smart Modules are listed below, by 11:59pm on the respective day.

It is possible due dates may be changed depending on progress of lectures or changes in the schedule. If changes are made, it will be announced in class and on Canvas.

**Note: Additional readings (short articles) or other materials may be added during the quarter depending on topic.** These are not listed on the course schedule to 1) allow for inclusion of current events / topics as they occur, and 2) to expand on recent research / understanding regarding topics related to sexuality. Any additional materials / readings will be posted in the relevant modules on Canvas.

Week	Date	Topic	Assigned Chapter(s) Textbook	Learn Smart Module Initial Due Date by 11:59 PM
1	Sept 27 (R)	Course Information, Digital Access & Clicker Setup Basic Introduction	1 & 2	Oct 12
2	Oct 2 (T) Oct 4 (R)	Sexual Anatomy and Physiology part 1 Sexual Anatomy and Physiology part 2	4	Oct 5
3	Oct 9 (T) Oct 11 (R)	Sexual Pleasure, Arousal, & Response Contraception	5 7	Oct 8 Oct 10
4	Oct 16 (T) Oct 18 (R)	Taking Care of the Sexual Body pt 1 Taking Care of the Sexual Body pt 2	6	Oct 15
5	Oct 23 (T) Oct 25 (R)	<b>EXAM #1</b> Reproduction: Conception, Pregnancy, & Childbirth	8	Oct 24
6	Oct 30 (T) Nov 1 (R)	Gender & Identity: Process, Roles and Culture Sexual Orientation	9 10	Oct 29 Oct 31
7	Nov 6 (T) Nov 8 (R)	Sexuality in Childhood and Adolescence Sexuality in Adulthood and Later Life <b>PAPER DUE</b>	11 12	Nov 5 Nov 7
8	Nov 13 (T) Nov 15 (R)	<b>EXAM #2</b> Social influences, Media, & the Internet	3	Nov 14
9	Nov 20 (T) Nov 22 (R)	Atypical Variations in Sexual Behaviors <b>Happy Thanksgiving (NO CLASS)</b>	15	Nov 19
10	Nov 27 (T) Nov 29 (R)	Sex Trafficking / Sex Industry Sexual Coercion & Resiliency	14	Nov 26
11	Dec 4 (T) Dec 6 (R)	Attraction, Love & Communication Lecture Overflow / Course Wrap Up	13	Dec 3
<b>Final Exam</b>	Tuesday - Dec 11	<b>FINAL EXAM: 8:30 – 10:30 PM</b>		

**Time for final exam can not and will not be changed.**