Restricted Electives List for HDE Major Children & Families Across the Lifespan Track

African American Studies (AAS)

107B: African Descent Communities & Culture in North America (4)

133: The Black Family in America (4)

141: Psychology of the African-American Experience (4)

172: Diaspora & New Black Identities (4)

American Studies (AMS)

152: The Lives of Children in America (4)

Anthropology (ANT)

101: Ecology, Nature & Society (4)

128A: Kinship & Social Organization: From Clans to

Countries (4)

128B: Self, Identity, & Family (4)

139AN: Race, Class, Gender Systems (4)

139BN: Gender & Sexuality (4)

158: The Evolution of Sex: A Biological Perspective(4)

Chicana/Chicano Studies (CHI)

120: Chicana/o Psychology (4)

122: Psych Perspectives Chicana/o & Latina/o Family (4)

123: Psychological perspectives on Chicana/o & Latina/o Children & Adolescents (4)

141: Community-Based Participatory Research & Chicana/o

& Latina/o Health (4)

182: Race & Juvenile Justice (4)

Communication (CMN)

120: Interpersonal Communication (4)

124: Family Communication (4)

147: Children, Adolescents, & the Media (4)

Community & Regional Development (CRD)

147: Community Youth Development (4)

172: Social Inequality: Issues & Innovations (4)

176: Comparative Ethnicity (4)

Education (EDU)

115: Educating Children with Disabilities (2)

122: Children Learning & Material Culture (4)

150: Cultural Diversity & Education in a Sociopolitical

Context (4)

Exercise Science (EXB)

106: Human Gross Anatomy (4)

117: Exercise & Aging in Health & Disease (3)

Linquistics (LIN)

163: Language, Gender, & Society (4)

Molecular & Cellular Biology (MCB)

150: Developmental Biology (4)

Neurobiology, Physiology, & Behavior (NPB)

132: Nature vs. Nurture: Physiological Interactions Among

Genes, Nutrients, & Health (3)

152: Hormones & Behavior (3)

161: Developmental Neurobiology (3)

Nutrition (NUT)

105: Nutrition & Aging (3)

114: Developmental Nutrition (4)

IMPORTANT NOTE:

Make sure to check the course prerequisites & registration restrictions. Some departments set certain or all of their courses with priority registration for declared majors only, so you may not be able to register until Pass 2.

*Any additional upper division HDE track courses can count as RE if the units are not already applied to fulfill the 3 courses for area of specialization. Revised 4/10/24

Nutrition (NUT)

118: Community Nutrition (4)

Philosophy (PHI)

109: Philosophy of the Social Sciences (4)

Psychology (PSC)

113: Developmental Psychobiology (4)

125: Behavioral Epigenetics (4)

143: Infant Development (4)

145: Developmental Cognitive Neuroscience (4)

146. The Development of Memory (4)

148: Developmental Disorders (4)

150/150V: Relationship Science:Lust, Love, & Evolution(4)

151/151V: Social Psychology (4)

152: Social Cognition (4)

153: Psychology & Law (4)

154: Psychology of Emotion (4)

157: Stereotyping, Prejudice, & Stigma (4)

158: Sexual Orientation & Prejudice (4)

159: Gender & Human Reproduction (4)

161: Psychology of the Self (4)

162: Introduction to Personality Psychology (4)

165: Introduction to Clinical Psychology (4)
168: Mental Health, Mental Illness, & Problems in Living(4)

170: Psychology of Religion (4)

Sociology (SOC)

122: Sociology of Adolescence (4)

124: Education & Inequality in the U.S. (4)

125: Sociology of Culture (4)

126: Social Interaction (4)

128: Interracial Interpersonal Dynamics (4)

129: Sociology of Black Experience in America (4)

131: The Family (4)

132: The Sociology of Gender (4)

135: Social Relationships (4)

152: Juvenile Delinquency (4)

153: The Sociology of Childhood (4)

159: Work, Employment, & Careers in the 21st Century (4)

162: Society, Culture, & Health (4)

163: Social Determinants & Disparities in Health (4)

164: Health Policy & Politics (4)

171: Sociology of Violence & Inequality (4)

Public Health Sciences (SPH)

101: Introduction to Public Health (3)

113: Health Disparities in the U.S. (3)

Human Development (HDE)*

101: Cognitive Development (4)

102: Social & Personality Development (4)

117: Longevity (4)

130: Developmental Psychopathology (4)

160: Social Aspects of Aging (4)

161: Technology Use, Health, and Aging (4)

163: Cognitive Neuropsych in Adulthood & Aging (4)

192: Internship (1-5)

198: Directed Group Study (4)

199: Special Study (1-5)