

LDA 190 | SQ20 | EDIBLE URBANISM | KIERS & NAPAWAN



Brooklyn Grange, New York City

COURSE OVERVIEW:

You've likely heard the phrase *You Are What You Eat*, but what you might not realize is you also *Live What You Eat*; meaning, what we choose to eat can have a direct relationship to the design and construction of the built environment, for better or worse. What we eat also has direct impacts on our global use of resources such as fossil fuels and water, as well as impacts to our health, sense of community and culture, and relationship to the non-human living world. Conversely, where and how we live can have lasting impacts on our food availability, affordability, sovereignty, and overall resilience. This lecture series is meant to expose the connections between food and the way we live, including our designed and built environment. It's intended to provide students with an introduction to the issues related to food -- including where/how/what we grow, how we package and transport food, and how we prepare food -- and relate those issues to the landscapes in which we live. This course will introduce the historical relationships between food, landscapes, and cities; relationships that are now overlooked and neglected in our post-industrial society. It will also introduce the important role that food systems play in achieving global sustainability initiatives, and lastly, provide a framework for understanding the role and potential impact that environmental designers (and everyone!) can play in improving our world through how we design (and eat!).

COURSE RESOURCES:

Required readings for Module 1 and 2 are posted [here](#) and in course Canvas Files. Below are highly recommended texts and web resources to support the final project required for the course.

Recommended Text:

- *Hungry City* by Carolyn Steel
- *CPULs: Continuous Productive Urban Landscapes* edited by Viljoen, et. al
- *Bracket: On Farming* edited by White, et. al.
- *Greening Cities, Growing Communities* by Hou, et. al.

Web Resources:

- The Modern Farmer <http://www.blurb.com/my/dashboard>
- The Foodprint Project <http://www.foodprintproject.com/>
- San Francisco Planning & Urban Research <http://spur.org/>
- Hungry City blog <http://www.hungrycitybook.co.uk/blog/index.php>
- Resource Centres on Urban Agriculture <http://www.ruaf.org/>
- San Francisco Urban Agriculture Alliance <http://www.sfuaa.org/>
- The Sitopia Project <http://www.sitopia.org/>
- The Edible Schoolyard Project <https://edibleschoolyard.org/>

COURSE SCHEDULE:*

Students determine the timing of when they view online lectures and films; however, please be mindful of quiz deadlines and scheduled online discussions. Online discussions are scheduled to help answer questions on course content and clarify quizzes and the final project. Recorded Zoom meetings and presentations will be posted on course Canvas site.

Module 1: What's Wrong with the Current Food System?

Fri 04.03 - Introductory Online Discussion, 12:10 - 1:00pm

[What's wrong with our food system](#) (5 min)

[What's wrong with what we eat](#) (20 min)

[Our Daily Bread by Nikolaus Geyrhalter](#) (90 min) – available via Amazon rental for \$2.99

MODULE 1 QUIZ DUE FRI 05.01 at 5:00pm

Module 2: What Do Cities Have To Do With The Food System?

Fri 05.08 - Final Project Introductory Online Discussion, 12:10 - 1:00pm

[Carolyn Steel, Hungry City](#) (15 min)

[How we can eat our landscapes](#) (13 min)

[Plant This Movie, by Karney Hatch](#) (80 min) – free on Amazon Prime, or rental for \$0.99

[Occupy the Farm by Todd Darling](#) (90 min) – available via YouTube rental for \$0.99

MODULE 2 QUIZ DUE FRI 05.29 at 5:00pm

Module 3: Case Studies in Edible Urbanism

[Pig City](#) by MVRDV(15 min)

[A guerrilla gardener in South Central LA](#) (11 min)

[Growing Cities by Collective Eye Films](#) (60 min) – available through most public library digital collections

[Brooklyn Grange, Flanner](#) (90 min)

FINAL ASSIGNMENT DUE FRI 06.05 at 5:00pm